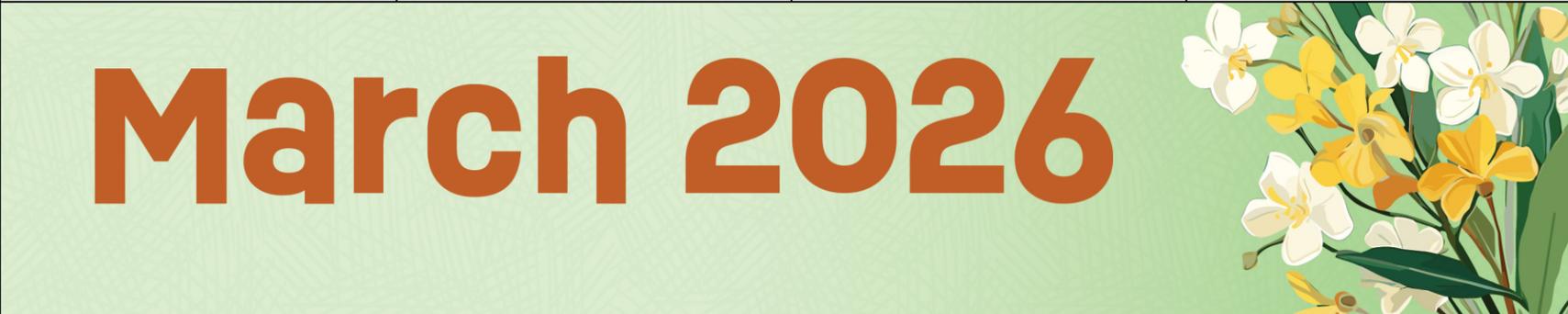


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 BETHESDA CHURCH 1 1:00 BINGO 2:30 SUNDAY MATINEE: JULIE & JULIA (DVD)  2:30 SHUFFLEBOARD UPSTAIRS	9:00 CHAIR YOGA 2 9:30 SHOPPING ROYAL BARGER 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 DIAMOND ART HAPPY BIRTHDAY KATHY J.!  Purim Begins	9:00 SEATED ENERGIZE 3 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 11:00 BOOK CLUB PM APPTS 1:00 BIBLE STUDY W/ ROSE 2:00 BLOOD PRESSURE CLINIC	AM APPTS 4 9:00 CHAIR YOGA 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 2:30 HEARING AID CLINIC 3:00 DING-A-LING PRACTICE HAPPY BIRTHDAY KATHY B!	9:00 SEATED ENERGIZE 5 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:00 ACTIVITY COUNCIL 2:30 WINE CLUB	9:00 CHAIR YOGA 6 9:30 SHOPPING W. 11TH 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 11:00 SOLVANG BOOK CLUB 1:00 GROCERY OUTLET IN HARRISBURG	9:00 SEATED ENERGIZE 7 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:30 BEAN BAG BASEBALL
9:30 BETHESDA CHURCH 8 1:00 BINGO 2:30 SUNDAY MATINEE: MEMPHIS BELLE (DVD)  2:30 SHUFFLEBOARD UPSTAIRS  Daylight Saving Time Begins	9:00 CHAIR YOGA 9 9:30 SHOPPING ROYAL BARGER 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 11:00 HOLLY'S JEWELRY TABLE PM APPTS 1:00 TOWN HALL/CHEF'S CORNER	9:00 SEATED ENERGIZE 10 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 BIBLE STUDY W/ ROSE 2:00 MANICURES 2:00 BLOOD PRESSURE CLINIC	AM APPTS 11 9:00 CHAIR YOGA 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 JEOPARDY TRIVIA 3:00 DING-A-LING PRACTICE	9:00 SEATED ENERGIZE 12 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:00 SHOPPING TRIP 2:30 WINE CLUB  HAPPY BIRTHDAY CLYDENE!	9:00 CHAIR YOGA 13 9:30 SHOPPING W. 11TH 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 OUT TO LUNCH BUNCH-SIZZLER	9:00 SEATED ENERGIZE 14 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:30 BEAN BAG BASEBALL
9:30 BETHESDA CHURCH 15 1:00 BINGO 2:30 SUNDAY MATINEE: LINCOLN (DVD)  2:30 SHUFFLEBOARD UPSTAIRS	9:00 CHAIR YOGA 16 9:30 SHOPPING RIVER ROAD 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 SNAP TOGETHER BIRD HOUSES & PAINT THEM	9:00 SEATED ENERGIZE 17 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 BIBLE STUDY W/ ROSE 2:00 ST. PATRICKS DAY PARTY PLANT SHAMROCKS, TREATS & DRINKS  St. Patrick's Day	AM APPTS 18 9:00 CHAIR YOGA 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 12:30 LIL SPROUTS 3:00 DING-A-LING PRACTICE	9:00 SEATED ENERGIZE 19 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:30 WINE CLUB	9:00 CHAIR YOGA 20 9:30 SHOPPING W. 11TH 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 JORDAN SCHNITZER MUSEUM OF ART 2:00 MANICURES  Spring Begins	9:00 SEATED ENERGIZE 21 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:30 BEAN BAG BASEBALL
9:30 BETHESDA CHURCH 22 1:00 BINGO 2:30 SUNDAY MATINEE: SECONDHAND LIONS (DVD)  2:30 SHUFFLEBOARD UPSTAIRS	9:00 CHAIR YOGA 23 9:30 SHOPPING ROYAL BARGER 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 PAINTING WITH GUEST DEB DOUMA	9:00 SEATED ENERGIZE 24 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 BIBLE STUDY W/ ROSE 2:00 KIRK TAYLOR MEMORIAL	AM APPTS 25 9:00 CHAIR YOGA 9:15 FOOT CLINIC 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 RANDOM TRIVIA 3:00 DING-A-LING PRACTICE	9:00 SEATED ENERGIZE 26 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:30 WINE CLUB	9:00 CHAIR YOGA 27 9:30 SHOPPING W. 11TH 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 DAIRY QUEEN  HAPPY BIRTHDAY BONNIE K.!	9:00 SEATED ENERGIZE 28 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING 1:00 BINGO 2:30 BEAN BAG BASEBALL
9:30 BETHESDA CHURCH 29 1:00 BINGO 2:30 SUNDAY MATINEE: CASABLANCA (DVD)  2:30 SHUFFLEBOARD UPSTAIRS  Palm Sunday	9:00 CHAIR YOGA 30 9:30 SHOPPING ROYAL BARGER 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 BIRTHDAY BASH W/ JOSEPH BONNEVIE	9:00 SEATED ENERGIZE 31 EXERCISE 10:00 VIDEO EXERCISE 10:30 Wii BOWLING PM APPTS 1:00 BIBLE STUDY W/ ROSE 2:00 BLOOD PRESSURE CLINIC  HAPPY BIRTHDAY BONNIE G.!	 <h1 style="font-size: 4em; color: #C85130; margin: 0;">March 2026</h1>			

TIMES ARE SUBJECT TO CHANGE. PLEASE SEE LARGE CALENDAR IN THE LOBBY FOR MOST UP TO DATE INFORMATION.